



Module 1 Quiz 2

Each Question carries one mark each. You need to get 5 marks out of 10 to pass this quiz.

1. What is your name? *

Deepapriya Vishwanathan

2. Your Email address *

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3. Community based mental health services *

- help to reduce stigma and exclusion
- are highly prevalent all over the world
- chiefly help to reduce cost of mental health services
- are proven to improve prognosis of schizophrenia

4. The following helps to improve the reliability and validity of diagnosis of mental disorders

Choose one answer *

- uniform definition of signs and symptoms
- structured interviews
- the use of ICD-10 or DSM-IV
- All of the above

5. Rehabilitation is a process of

Choose on answer *

- discharging patients from long stay hospitals
- learning practical and social skills to survive in a mental hospital
- helping families cope with mentally ill family member
- improving individual social competence

6. Community based care of mental disorders

Choose One Answer *

- always increase cost of treatment because it is of better quality
- improves accessibility to mental health care
- are generally not acceptable to family members because it increases their burden of care
- do not provide continuity of care because hospital staff are not involved

7. International Classification of Diseases -10 (ICD-10) by WHO

Choose one answer *



- has theoretical implications for mental health professionals
- is a comprehensive statement about the current knowledge of mental disorders
- can be used for clinical, educational and research purposes
- can only be used in countries which have ratified the classification

8. Psychotherapy can contribute to

Choose one answer *

- reduced rates of relapse
- reduced rates and duration of hospitalisation
- improved adherence with medication
- All of the above

9. Chronic mental disorders

Choose one answer *

- are due to lack of insight
- caused by stigma and discrimination
- require admission to mental hospital
- none of the above

10. Deinstitutionalisation

Choose one answer *

- means no one should ever be admitted to a mental hospital
- is primarily aimed at reducing the cost of treatment of mental disorders
- helps to promote the human rights of persons with mental disorders
- grew out of the success of moral treatment

11. Indirect costs of mental disorders does NOT include

Choose one answer *

- cost of medicines
- absenteeism
- loss of productivity
- discrimination and social exclusion

12. Classificatory systems

Choose one answer *

- classify individuals based on signs and symptoms
- enable clinicians to communicate effectively regarding diagnosis and treatment
- help pharmaceutical companies to devise better and more effective medications
- reduce the chance of stigma and discrimination due to wrong diagnosis

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